

Think! Dance! Play!

Mind, Memory and Movement:
“Hacking the Brain” for Scottish Country dance teachers and dancers

Led by **Cecily Selling**

Saturday, September 27, 2025
Canadian American Club, 202 Arlington St., Watertown, MA

Admission for the day: \$25/\$15 student rate
Refreshment contributions are welcome!

You are invited to a workshop where Cecily Selling will share perspectives on teaching and learning where the mind, music, and movement all come together. Teachers and dancers interested in the teaching process will ponder and experience first-hand new ways of thinking about how to improve their teaching for maximum confidence and enjoyment. Everyone will then participate in a class led by Cecily to which all dancers (including newer dancers) are invited. The day will conclude with a social dance program. For information and to RSVP contact Susie Petrov (susiepetrov@gmail.com).



Schedule of Events

12:00–2:00pm: workshop on teaching Scottish Country Dancing

2:00–2:30pm: pot luck refreshments

2:30–3:30pm: all dancers welcome; practical practice of repertoire and strategies introduced in the noon teachers' session

4:00–5:30pm: social dance hour presented in conjunction with the Music Workshop

Cecily Selling has spent her whole professional life figuring out how students' brains work so as to provide the best possible instruction. Concurrent with her professional life has been a life as a dancer, teacher, and leader of the Delaware Valley Branch of the Royal Scottish Country Dance Society. She has spent many hours figuring out how to help dancers become secure and confident with their movements by showing them how they can think about their learning. She has been a guest teacher at workshops and summer schools in the USA, Canada, and Japan.

Ready ... and ... Play!

Developing comfort with performing music for
Scottish Country Dancing

Led by Debbie Jarvis, Howard Lasnik, and Susie Petrov

Saturday, September 27, 2025

Canadian American Club, 202 Arlington St., Watertown, MA

Admission for the day: \$25/\$15 student rate

Refreshment contributions are welcome!

You are invited to experience and practice the skills needed to play successfully for Scottish Country dancing. The group will rehearse together and, at the end of the afternoon, will assemble to play for a social dance program. Sheet music will be available in advance. The ability to sightread is helpful but not required. All instruments (melody and backup) are welcome, and people who can play a tune up to speed (mm 112) will be able to play more of the notes. To RSVP and receive a PDF of the music, contact Susie Petrov (susiepetrov@gmail.com.)



Schedule of Events

12:00–2:00pm: workshop with Susie developing ensemble arrangements for the social dance

2:00–2:30pm: pot luck refreshments

2:30–3:30pm: learning to play for class with Debbie and Howard using tunes for the social hour

4:00–5:30pm: social dance hour presented in conjunction with the Dance Workshop

Debbie Jarvis, Howard Lasnik, and Susie Petrov are musicians, dancers, and teachers of Scottish Country dancing based in the Boston area. They will share insights from their experiences and support players preparing music for Scottish Country dance classes and parties.

